

# PMEX UPDATE

BUY	
	<b>CRUDE10-MY26</b>
114.80	2.13%
Expiry	20/Apr/26
Remaining	13 Days
<b>Entry</b>	114.09 - 114.59
<b>Stoploss</b>	112.77
<b>Take Profit</b>	116.01 - 116.58

SELL	
	<b>NGAS1K-MY26</b>
2.8350	0.85%
Expiry	27/Apr/26
Remaining	20 Days
<b>Entry</b>	2.84 - 2.82
<b>Stoploss</b>	2.89
<b>Take Profit</b>	2.79 - 2.78

BUY	
	<b>GO1OZ-JU26</b>
4,674.15	-0.23%
Expiry	27/May/26
Remaining	50 Days
<b>Entry</b>	4685 - 4695
<b>Stoploss</b>	4651.22
<b>Take Profit</b>	4720 - 4732

N/A	
	<b>SL10-MA26</b>
72.07	
Expiry	
Remaining	
<b>Entry</b>	---
<b>Stoploss</b>	#VALUE!
<b>Take Profit</b>	---

SELL	
	<b>PLATINUM5-JY26</b>
1,947.35	-1.52%
Expiry	26/Jun/26
Remaining	80 Days
<b>Entry</b>	1968 - 1960
<b>Stoploss</b>	1994.57
<b>Take Profit</b>	1945 - 1935

SELL	
	<b>COPPER-MY26</b>
5.5793	-0.39%
Expiry	28/Apr/26
Remaining	21 Days
<b>Entry</b>	5.61 - 5.59
<b>Stoploss</b>	5.65
<b>Take Profit</b>	5.57 - 5.56

BUY	
	<b>ICOTTON-MY26</b>
71.65	-0.03%
Expiry	22/Apr/26
Remaining	15 Days
<b>Entry</b>	71.29 - 71.38
<b>Stoploss</b>	71.15
<b>Take Profit</b>	71.66 - 71.888

SELL	
	<b>DJ-JU26</b>
46,751	-0.32%
Expiry	17/Jun/26
Remaining	71 Days
<b>Entry</b>	46908 - 46828
<b>Stoploss</b>	47212.77
<b>Take Profit</b>	46655 - 46514

SELL	
	<b>SP500-JU26</b>
6,628	-0.35%
Expiry	17/Jun/26
Remaining	71 Days
<b>Entry</b>	6646 - 6636
<b>Stoploss</b>	6696.19
<b>Take Profit</b>	6615 - 6601

BUY	
	<b>NSDQ100-JU26</b>
24,244	-0.47%
Expiry	17/Jun/26
Remaining	71 Days
<b>Entry</b>	24084 - 24112
<b>Stoploss</b>	23837.85
<b>Take Profit</b>	24177 - 24216

BUY	
	<b>GOLDUSDJPY-MY26</b>
159.85	0.09%
Expiry	28/Apr/26
Remaining	21 Days
<b>Entry</b>	159.71 - 159.81
<b>Stoploss</b>	159.39
<b>Take Profit</b>	160.11 - 160.21

SELL	
	<b>GOLDEURUSD-MY26</b>
1.1551	0.07%
Expiry	28/Apr/26
Remaining	21 Days
<b>Entry</b>	1.1563 - 1.1555
<b>Stoploss</b>	1.158
<b>Take Profit</b>	1.1532 - 1.1516

## Major Headlines

### Oil Maintains Steady Ascent as Trump's Iran Deadline Looms

Risk sentiment was knocked back on Monday after President Trump, far from sounding conciliatory, doubled down on his ultimatum to Iran, threatening to take out the entire country in 'one night' unless Tehran reopens the Strait of Hormuz. His latest warning follows Sunday's post on Truth Social when he set Iran a deadline to restore access to ships along the vital passageway by Tuesday, 20:00 ET, or he will 'decimate' its bridges and power plants. [see more...](#)

### Gold ticks higher and dollar weakens as Trump's Iran deadline approaches

Spot gold inched up by 0.8% to \$4,685.54 per ounce by 05:04 ET (09:04 GMT), while gold futures for June delivery ticked up by 0.6% to \$4,710.84 per ounce. Trump vowed to decimate "every bridge" and "power plant" in Iran should the Islamic Republic not agree by his Tuesday 8 p.m. ET deadline to a deal which would reopen the Strait of Hormuz. [see more...](#)

### U.S. stock futures tick higher amid U.S.-Iran ceasefire proposal reports

Both the U.S. and Iran have received a framework of a plan to halt hostilities, although Tehran has rebuffed any immediate reopening of the Strait of Hormuz, Reuters reported, citing a source aware of the proposals. The plan -- brokered by Pakistan following overnight contacts with U.S. and Iranian officials -- would start an immediate ceasefire followed by talks on a broader settlement to be concluded. [see more...](#)

### USD/JPY Price Forecast: Ascending 20-day EMA supports more upside

The USD/JPY pair trades calmly around 160.00 during the European trading session on Tuesday. The pair trades broadly sideways amid uncertainty surrounding the ongoing war in the Middle East. Market participants remain cautious about how the ongoing war will flare after the completion of United States (US) President Donald Trump's deadline to Iran for reopening the Strait of Hormuz. [see more...](#)

### EUR/USD hits one-week highs beyond 1.1570 highs as sentiment brightens

The Euro (EUR) has brushed off previous weakness to extend its recovery against the US Dollar (USD) to reach fresh weekly highs above 1.1570 on Tuesday's European morning session. The market sentiment has improved, with European equities turning positive after a negative opening, and Eurozone services activity revised up, which has provided some support for the common currency. [see more...](#)

### US Dollar Index holds near 100.00 on Iran war fears, Trump deadline

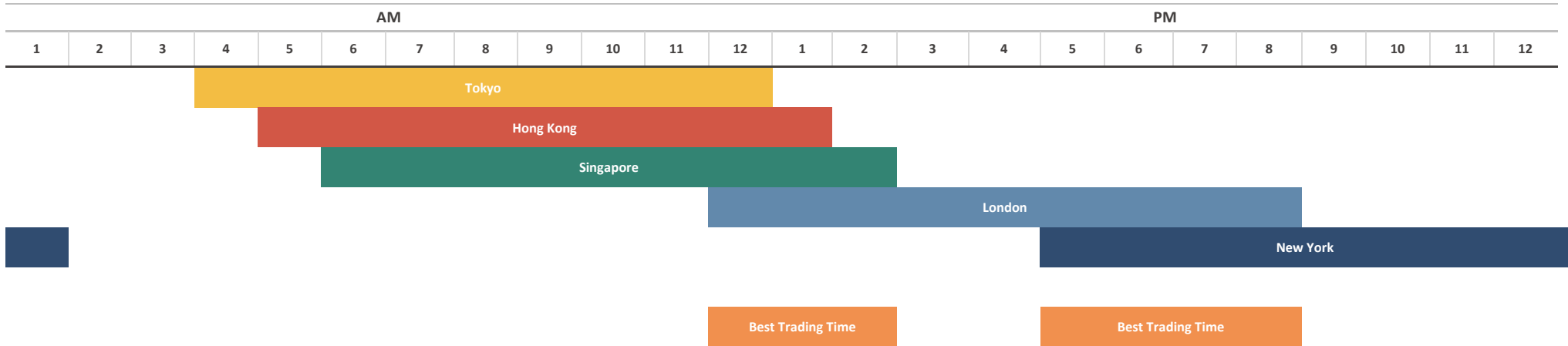
The US Dollar Index (DXY), which measures the value of the US Dollar (USD) against six major currencies, is holding ground after registering losses in the previous trading day and hovering around 100.00 during the European hours on Tuesday. The Greenback receives support on increased safe-haven demand amid peace talks uncertainty surrounding the Iran war. [see more...](#)

## Economic Calendar

Durable Goods Orders (MoM) (Feb)

# FOREX MARKETS' STATISTICS

## Forex Market Hours

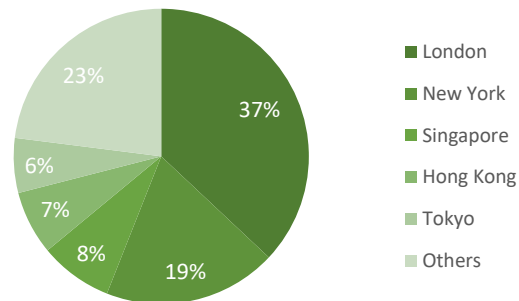


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

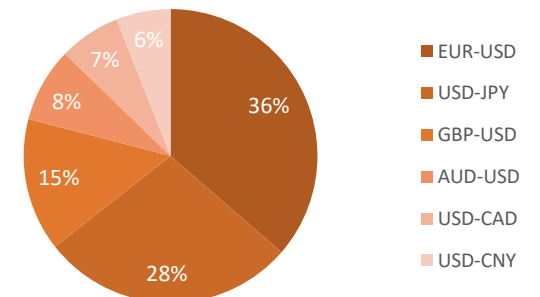
### Forex Turnover by Counterparty



### Markets' Share in Total Forex Turnover



### Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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